



# GPCS HIGH SCHOOL TRACK & FIELD RECORDS

(Through June 7, 2008)

EVENTS (Boys)	Recordholder(s)	Time, Height, or Distance	Date
Racewalk (1600 M)	Dan Andreason	7:23.24	17-May-07
100 M Dash	Andy Marston	11.34	09-May-05
200 M Dash	Andy Marston	23.13	04-Jun-05
400 M Dash	Andy Marston	49.53	11-Jun-05
800 M Run	Scott Keenan	2:09.60	21-May-03
1600 M Run	David Hasbrouck	4:46.03	04-Jun-05
3200 M Run	Luke Theriault	10:24.24	23-May-08
110 M High Hurdles	Andy Marston	20.64	06-May-05
300 M Hurdles	Yuji Masaki	51.54	23-May-08
4 x 100 M Relay	Joseph Tshamala, Alex Whalen Matthew Congdon, Andy Marston	48.64	06-May-05
4 x 400 M Relay	Matthew Scribner, Nathaniel Peterson, Ben Cornwall, Yuji Masaki	4:07.26	07-Jun-08
4 x 800 M Relay	Matthew Scribner, Yuji Masaki Ben Cornwall, Luke Theriault	9:54.44	02-May-08
Long Jump	Derek Green	18' 9.5"	16-May-08
Triple Jump	Derek Green	39' 5.5"	07-Jun-08
High Jump	Andy Marston	5' 10"	30-Apr-04
Shot Put	Jameson Trudel	36' 7"	09-May-03
Discus	Matthew Congdon	71' 11"	22-May-06
Javelin	David Hasbrouck	94' 6"	13-May-05